Retired Public Employees Assn.

Chapter 14, Ventura, Santa Barbara

Winter Newsletter

It seems like a long time, but our last meeting was May 2023. The members attending had a good time with Dynamic Duo Pamela Vincent and Hollywood performing. Since Tina Turner had passed the day before, they gave us a rendition of Tina's greatest hit Rolling in the River. Several members did get up and dance. Myself included.

Hoping we could have a meeting in December, but with Covid still lurking in the shadows and RSV a present danger to seniors. Best to wait until next year. Thinking March could be a good time. Give us time to get our vaccines and prepare for the spring. If you have any suggestions time wise let me know. Always happy to have a good chat with the members.

I am available by phone at: 805-832-4656 email: cperezmoreno@yahoo.com.

Looking forward to the holiday season, wishing all of you the best. Next year will soon be upon us, which means we can start anew with our resolutions. I can think of one resolution I hope to keep, which is losing weight. This year went by too fast for me to hold the pounds back. I found a recipe for The Cabbage Soup Diet, do you remember that? Anyone want to join me doing the soup diet? Of course our aches and pains as always are there, but as long as we have friends and families we can bear with it.

Again, I hope to hear from you, Happy Halloween, Thanksgiving, Merry Christmas and Happy New Year. Hard to believe we will be celebrating 2024. Where did the years go?

Connie Perez-Moreno President